

# SEPTEMBER



## UPCOMING EVENTS

- September 5: Kick-Off Event, 4:30-6 p.m.
- September 11: Dairy Goat Club, 6 p.m.
- September 12: Rabbit Club, 6 p.m.
- September 16: Cloverbuds, 6 p.m.
- September 17: 4-H Leader Training, Noon and 5:30 p.m.
- September 18: Thrive!, 4:30 p.m.
- September 19: Livestock Club, 6 p.m.
- September 23: Homeschool Club, 5 p.m.
- October 2: Cloverbud Cooking Club, 4 p.m.\*
- October 3: Horticulture Club, 5:30 p.m.
- October 7, 9, and 10: Fall Break Programs, see page 4 for more details

\*Please RSVP to ensure enough supplies are available.

All meetings are held at the Daviess County Cooperative Extension Service Office unless otherwise noted.

## National 4-H Week



October 6-12, 2024



### Make it Monday:

Choose a recipe from [planeatmove.com](http://planeatmove.com) and make as a family.

### Try It Tuesday:

Pick a 4-H fair baking recipe and give it a try!

### Wear Green Wednesday:

Wear Your Green/4-H Gear

### Thankful Thursday:

Write a note thanking someone who has impacted you in 4-H.

### Fair Project Friday:

Show us your favorite 4-H fair project.

## NEW PROGRAM YEAR

September is the beginning of the **2024-2025** program year for 4-H! Enrollment forms are now available at our office and online at <https://daviess.ca.uky.edu/4h-enrollment>. All Daviess County youth are welcome to join 4-H anytime! 4-H is for youth ages 9-18. 4-H Cloverbuds is for youth ages 5-8. **Youth/adults must complete a new form every year.** Please look at the graphic below to know your 4-H age for 2024-2025.

## What Is Your 4-H Age?

The 4-H program year runs September 1, 2024-August 31, 2025.  
Your 4-H age is the age that you are as of January 1, 2025.

**If a young person was born in...**

Cloverbud	2019: 4-H age is 5
	2018: 4-H age is 6
	2017: 4-H age is 7
	2016: 4-H age is 8
Jr. 4-Her	2015: 4-H age is 9
	2014: 4-H age is 10
	2013: 4-H age is 11
	2012: 4-H age is 12
Sr. 4-Her	2011: 4-H age is 13
	2010: 4-H age is 14
	2009: 4-H age is 15
	2008: 4-H age is 16
	2007: 4-H age is 17
	2006: 4-H age is 18

# SHOOTING SPORTS

Good luck to the following at the KY 4-H State Shooting Competition September 7 and 8:

**Saturday:** Minor Abel, Jaxten Boarman, Grant Connor, Lillian Connor, Allison Dewig, Taylor Dewig, Gavin Edgell, Noah Elder, Mackenzie Rogers, Maxton Sanchez, Silas Smoak, and Russell Westerfield.

**Sunday:** Minor Abel, William Basham, Landon Burden, Grant Connor, Lillian Connor, Kaden Coons, Garrett Faith, Easton Fuqua, Koby Hall, Chris Palmer, Christopher Rhoads, Maxton Sanchez, Langston Tincher, and Lucas Tincher.

Special thanks to all of our coaches who have helped them this spring/summer: Clinton and Tori Connor, James Edgell, Matt Edgell, Anita and Steve Fuqua, Phillip Palmer, and Teen Coach—Lillian Connor.

## ACHIEVEMENT APPLICATION

The 4-H Achievement Program is intended to recognize 4-H participants with outstanding accomplishments and to provide an incentive for youth to increase their knowledge, skills, and abilities. It is a comprehensive program spanning the entire career of the 4-H'er, awards points for outside efforts and interests, and encourages growth and development by awarding high points at multi-county, state, and national levels. As youth work their way through the achievement levels they become eligible for scholarships to teen summit, teen conference, and eventually college scholarships. **See the enclosed flyer for eligibility of each level. Applications are due October 31.**

## ISSUES CONFERENCE

If you are a high school student, have issues you are passionate about, and want to impact your community – then mark your calendar for November 14-16 for Kentucky 4-H Issues Conference at Dale Hollow State Park. This 3-day engaging experience is your chance to connect with other young leaders from across Kentucky, discuss issues important to you, and learn how to impact your community. Great communities require great leaders, so sign up for the Kentucky 4-H Issues Conference and make a difference. Applications will be available soon. Cost will be approximately \$200.

## YOUTH COST SHARE

The Daviess County Agricultural Development Council Youth Cost Share Program is currently open for applications. The program is open to all students age 14-19 as of October 25, 2024. If your application is approved you'll receive a 50% reimbursement of up to \$1250. The program is competitive. Applications are due to the Extension Office or your FFA advisor by October 25. For an application which includes a list of items allowed for cost share, please contact the office.

# LIVESTOCK FAIR RESULTS

At the Daviess County Lion's Club fair, there were 74 livestock exhibitors, with 192 entries in Beef, Poultry, Rabbit, Market Lamb, Dairy Goat, Market Goat, Feeder Calf, and Market Hog.

**State Fair results** were as follows: Poultry: Russell Westerfield, blue and Jaxton Boarman, blue; Hog: Carrie Kuegel, 5<sup>th</sup> place Berkshire, 10<sup>th</sup> place Crossbred; Savanna Kuegel, 7<sup>th</sup> place Duroc, 8<sup>th</sup> place Yorkshire; Cattle: Easton Fuqua, 5<sup>th</sup> place heifer; Carrie Kuegel, 3<sup>rd</sup> place heifer; Savanna Kuegel, 4<sup>th</sup> place heifer.; Easton Fuqua, 3<sup>rd</sup> place steer and 3<sup>rd</sup> place overall Kentucky proud Hereford steer. Congratulations!



Russell Westerfield (left) and Jaxton Boarman (right)



Savanna Kuegel, Carrie Kuegel, and Easton Fuqua (left to right)

## STATEMENT OF NON-DISCRIMINATION

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Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.

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# FALL BREAK PROGRAMS

2024-2025 4-H Enrollment Form MUST be on file for youth to participate. Forms are available at the Daviess County Extension Office and will be available to fill out day of the program.

## Bubble Art & Neon Acrylic Painting

**Date:** Monday, October 7

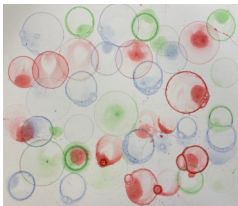
**Time:** 9:00-11:00 a.m.

**COST:** FREE

**Age:** 9-18 year olds

**Class Limit:** 10

Youth will create bubble art utilizing watercolor paint. They will also create two neon acrylic paintings.



## Cloverbud Hour Day 1

**Date:** Monday, October 7

**Time:** 3:00-4:00 p.m.

**COST:** FREE

**Age:** 5-8 years olds

**Class Limit:** 8

Cloverbuds will create bubble art utilizing watercolor paint. They will also create one neon acrylic painting.

## Nature Art

**Dates:** Wednesday, October 9

**Time:** 9:00-11:00 a.m.

**COST:** FREE

**Age:** 9-18 year olds

**Class Limit:** 10

Let's get outside to find art in what's around us! Youth will take a hike through nature to find color inspiration. They will come back to create a colored pencil drawing and a black pencil drawing.



## Cloverbud Hour Day 2

**Dates:** Wednesday, October 9

**Time:** 3:00-4:00 p.m.

**COST:** FREE

**Age:** 5-8 year olds

**Class Limit:** 8

Let's get outside to find art in what's around us! Cloverbuds will go on a mini scavenger hunt to find colors in nature then come back to create a colored pencil drawing using inspiration from their mini scavenger hunt.

## Sewing

**Dates:** Thursday, October 10

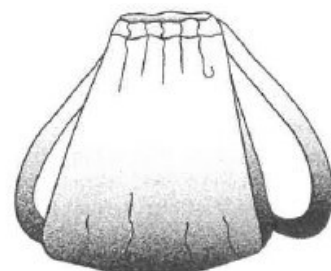
**Time:** 1:00-4:00 p.m.

**COST:** FREE

**Age:** 10 and up

**Class Limit:** 4

Make a cute drawstring shoulder bag (backpack purse)! A materials list will be sent to those who register.



# BAKED EGG CUP

Servings:6    Serving Size:1 egg cup    Recipe Cost:\$3.00    Cost per Serving:\$.50

## Ingredients:

- Cooking spray
- 6 slices of thin cut deli style turkey or ham
- 6 eggs
- Pepper
- ½ cup finely shredded 2% cheddar cheese
- ½ cup diced red and green bell pepper (or vegetables of choice)

## Directions:

1. Preheat oven to 350°F.
2. Spray 6 muffin tin cups with cooking spray.
3. Arrange meat slices so they line the muffin cup.
4. Break an egg into each cup, gently breaking the yolk with a sharp knife.
5. Season lightly with pepper, if desired, and sprinkle in diced peppers (or vegetables of choice).
6. Place muffin tin in oven and cook for 15 minutes. If eggs are not firm, return to oven and check them every minute until they are firm.
7. Remove from oven and quickly sprinkle with shredded cheese. Serve right away.



## Make it a Meal

- Baked Egg Cup
- Toast
- Fresh fruit
- Low-fat milk

**Source:** Adapted from Vanessa Lair, Madison County Extension Volunteer

**Nutrition facts per serving:** 110 calories; 5 g total fat; 2 g saturated fat; 0 g trans fat; 225 mg cholesterol; 360 mg sodium; 3 g carbohydrate; 0 g fiber; 13 g protein; 10% Daily Value of vitamin A; 20% Daily Value of Vitamin C; 6% Daily Value of calcium; 6% Daily Value of iron.

*Stacey R. Potts*

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Daviess County Extension Agent  
for 4-H and Youth Development



*Sharayha Clingenpeel*

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for 4-H and Youth Development

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## Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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Disabilities  
accommodated  
with prior notification.



**Daviess County 4-H**  
**State Fair Cloverville Results**



**Hannah Aud**  
 Hanging Basket: Red

**Lydia Aud**  
 Jr. Acrylic Painting: Red  
 Jr. Hand Lettering: Red

**Abby Crabtree**  
 Jr. Water Color: Red

**Skylar Dillman**  
 Jr. Mixed Media: Red

**Liam Dominguez**  
 Cheese Muffins: Red  
 Scones: Blue  
 Fudge: White  
 Dried Apples: Blue  
 \*Major Home Improv.: Blue

**Lily Edgell**  
 Jr. Black Pencil Drawing: Red  
 Jr. Batik Fabric: White  
 Photo, Insect: Red  
 Photo, Livestock: White  
 Photo, Ag. Scenic: White  
 Photo, Pattern/Design: Red

\*denotes class champion



**Daviess County 4-H**  
**State Fair Cloverville Results**



**Toby Miller**  
 Jr. Jewelry: White  
 Photo, Native Plants: White  
 Photo, Farm Equip.: Red

**Aiden Quisenberry**  
 Woodworking Level 2: Blue  
 \*Sr. Clay: Blue  
 Biscuits: White  
 Snickerdoodle Cookies: Green  
 Salsa: Green  
 Simple Cloth Item: Blue  
 Wastebasket: Blue  
 Resume: Red

**Cade Quisenberry**  
 \*Woodworking Level 1: Blue  
 Photo, Natural Scenic: Blue  
 Photo, Companion Animal:  
 White  
 Photo, Instrument: Red  
 Brownies: White  
 Adaptive Recipe: Red  
 Strawberry Jam: Red  
 Old/Discarded Item Made  
 New: Red

\*denotes class champion



**Daviess County 4-H**  
**State Fair Cloverville Results**



**Shelby Pagan**  
 Dish Garden: Red  
 Veg. Container: Blue  
 Annual Container: White  
 Herb Container: White  
 Tomato, Cherry: Red  
 Tomato, Heirloom: Blue  
 Jr. Blueprint: White  
 Jr. Color Pencil: Red  
 Jr. Clay: Blue  
 Photo, Wildlife: White  
 Photo, Crops: Red  
 Photo, Event: White  
 Photo, Food Prep: Red  
 Photo, Construction: White  
 Photo, Cultural Arts Event: Red

Photo, Hort. B & W: Red  
 Photo, Hort. Color: Blue  
 Photo, Hort. 4 Photos: Blue  
 Photo, Hort. 6 Photos: Red  
 Zucchini Cake: Red  
 Apple Pie: White  
 Dill Pickles: Green  
 Green Beans: Blue  
 Color Collage: Red  
 Texture Collage: Red  
 Bargain Shopping Poster: Red  
 Service Learning Poster: Blue  
 Jr. 4-H Cupcake: Blue  
 Jr. General Cupcake: Red



**Daviess County 4-H**  
**State Fair Cloverville Results**



**Abby Roberson**  
 Sewing, Non-clothing Unit 1:  
 Blue  
 Jr. Upcycling: White

**Briley Roberson**  
 Small Crochet Item: Red  
 Large Crochet Item: White  
 Jr. Abstract: White

**Kelsey Splittorff**  
 Woodworking, Level 1 (kit): Red  
 Item for the Home: Blue  
 Access. for the Home: Red  
 Sr. Upcycling: Red

**Taytum Stephens**  
 House Plant: Red  
 Largest Tomato: Blue

More information on Daviess County 4-H Clubs, including all meeting dates, can be found on our website at <https://daviess.ca.uky.edu/4h-clubs>. Also be sure to check out our social media pages!

 [instagram.com/daviessco4h](https://www.instagram.com/daviessco4h)

 [facebook.com/daviessco4H](https://www.facebook.com/daviessco4H)

# THRIVE!

(For Teens)

THIS 7 SESSION 4-H PROGRAM FOR GRADES 8 AND UP WILL INCLUDE:

- ! CAREER SPEAKERS
- ! CAREER INVENTORIES
- ! RESUME WRITING
- ! MOCK INTERVIEWS

TO HELP PREPARE TEENS TO THRIVE!

**To register:**

Contact the Daviess County  
Extension Office at:  
270-685-8480

**or email:**

Stacey.potts@uky.edu  
or  
Sharayha.clingenpeel@uky.edu

Thrive! will meet 4:30 - 5:30 at  
the Daviess County Extension  
Office on the following dates:

September 18, 2024  
October 16, 2024  
November 20, 2024  
January 15, 2025  
February 19, 2025  
March 19, 2025  
April 16, 2025

One person in attendance at each  
session will win a gift card door prize.

At the end of the program, if you have  
attended 6 times, your name will be put  
in a drawing for a \$50 Amazon gift card.



College of Agriculture,  
Food and Environment  
Cooperative Extension Service  
Daviess County

## Information for PY25 Achievement Program

The Achievement Program recognizes 4-H participants who have outstanding accomplishments in the Kentucky 4-H Program.

4-H members must submit the required application and documentation to their county 4-H agent by the county deadline. Table 1 includes the requirements for each Achievement Level.

Table 1. Requirements for each Level

Level	Requirements for that Level
<b>Clover Level 1</b>	<ul style="list-style-type: none"> <li>• Be 10 years old by January 1, 2025</li> <li>• Have a minimum of 25 points</li> </ul>
<b>Clover Level 2</b>	<ul style="list-style-type: none"> <li>• Be 11 years old by January 1, 2025</li> <li>• Have a minimum of 50 points</li> </ul>
<b>Clover Level 3</b>	<ul style="list-style-type: none"> <li>• Be 12 years old by January 1, 2025</li> <li>• Have a minimum of 75 points</li> </ul>
<b>Bronze</b>	<ul style="list-style-type: none"> <li>• Be 13 years old by January 1, 2025</li> <li>• Have a minimum of 100 points</li> <li>• Have completed Bronze Profile Page</li> </ul>
<b>Silver</b>	<ul style="list-style-type: none"> <li>• Be 14 years old by January 1, 2025</li> <li>• Have a minimum of 150 points</li> <li>• Have completed Silver Profile Page</li> </ul>
<b>Gold</b>	<ul style="list-style-type: none"> <li>• Be 15 years old by January 1, 2025</li> <li>• Have a minimum of 200 points</li> <li>• Have completed Gold Profile Page</li> </ul>
<b>Emerald</b>	<ul style="list-style-type: none"> <li>• Have previously achieved Gold Achievement Level</li> <li>• Be 16 years old by January 1, 2025</li> <li>• Have an updated application</li> <li>• Have a 3-5 minute video</li> <li>• Have two letters of recommendation</li> <li>• Have a cover letter and resume (these must be brought to the interview).</li> </ul>





# Daviess County 4-H Kick-Off Night

When: Thursday, September 5

4:30-6:00 p.m.

Where: Daviess County Extension Office

Join us for FREE food & information on  
Daviess County 4-H



4-H Clubs & Programs  
Information Station  
Volunteer Opportunities  
Fill out 2024-2025 Enrollment Form



Facebook: @daviessco4H



Instagram: @daviessco4h

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities  
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