



## NEW PROGRAM YEAR

September is the beginning of the 2024-2025 program year for 4-H! Enrollment forms are now available at our office and online at <https://daviess.ca.uky.edu/4h-enrollment>. We have also included a copy with this newsletter. All Daviess County youth are welcome to join 4-H anytime! 4-H is for youth ages 9-18. 4-H Cloverbuds is for youth ages 5-8. **Youth/adults must complete a new form every year.** Please look at the graphic below to know your 4-H age for 2024-2025. You must submit a new enrollment form to continue receiving the 4-H newsletter each month. Next month's newsletter will be the last one you receive until you submit this year's enrollment form.

## UPCOMING EVENTS

- October 3: Horticulture Club, 5:30 p.m.
- October 7: Fall Break Programs, see page 4 for more details
- October 8: Dairy Goat Club, 6 p.m.
- October 10: Rabbit Club, 6 p.m.
- October 16: Thrive Club, 4:30 p.m.
- October 17: Poultry Club, 6 p.m.
- October 21: Cloverbuds, 6 p.m.
- October 24: Livestock Club Halloween Party at Daviess County Lions Club Fairgrounds, 6 p.m.
- October 28: Homeschool Club, 5 p.m.
- November 6: Cloverbud Cooking Club, 4:00 p.m.\*
- November 7: Horticulture Club, 5:30 p.m.

\*Please RSVP to ensure enough supplies are available.

All meetings are held at the Daviess County Cooperative Extension Service Office unless otherwise noted.

The 4-H program year runs September 1, 2024-August 31, 2025.  
Your 4-H age is the age that you are as of January 1, 2025

**If a young person was born in...**

Cloverbud	2019: 4-H age is 5
	2018: 4-H age is 6
	2017: 4-H age is 7
	2016: 4-H age is 8
	2015: 4-H age is 9
Jr. 4-Her	2014: 4-H age is 10
	2013: 4-H age is 11
	2012: 4-H age is 12
	2011: 4-H age is 13
Sr. 4-Her	2010: 4-H age is 14
	2009: 4-H age is 15
	2008: 4-H age is 16
	2007: 4-H age is 17
	2006: 4-H age is 18

## COUNTY 4-H ENROLLMENT AND CROSS-COUNTY LINES POLICY

A young person may enroll in 4-H within the county where they are a resident or attend school. If a 4-H program is not offered in the county where the young person resides or attends school, the youth may cross county lines into a county that offers that program. The request of the member and their parent/guardian is made on a yearly basis through the 4-H agents and the local County 4-H Councils. If a young person pursues crossing county lines, *Request for 4-H Participation Across County Lines* should be completed by both counties.

## ACHIEVEMENT APPLICATION

The 4-H Achievement Program is intended to recognize 4-H participants with outstanding accomplishments and to provide an incentive for youth to increase their knowledge, skills, and abilities. It is a comprehensive program spanning the entire career of the 4-H'er, awards points for outside efforts and interests, and encourages growth and development by awarding high points at multi-county, state, and national levels. As youth work their way through the achievement levels they become eligible for scholarships to teen summit, teen conference, and eventually college scholarships. **See the enclosed flyer for eligibility of each level. Applications are due October 31.**

## LIVESTOCK CLUB MEETING

At the most recent Livestock Club meeting, President Jolene Raymer gave introductory information regarding this year's upcoming events including the Christmas parade and the upcoming North American Livestock Exposition.

Our program for the night was Biosecurity, led by Daniel Hayden, who raises cows and poultry on large scale farms. Biosecurity is crucial for farms with dense animal populations. Mr. Hayden asked the 4-Hers for examples of biosecurity they use personally because "regardless of whether everyone understands the concept of biosecurity we all use it every day."

Examples of biosecurity in poultry include sanitizing shoes between poultry houses, quarantining sick birds away from healthy birds, euthanizing any sick or injured birds to prevent spread, and ensuring that each bird has the proper growing space (.8 sq feet per chicken) in the house.

Finally, Stacey Potts led a demonstration of germ spread to emphasize biosecurity's importance.

Overall, it was a wonderful Livestock Club meeting! Thank you to our 17 members who attended!

## TEEN LEADERSHIP ACADEMY

The Green River Area 4-H Teen Leadership Academy is a program designed to enhance leadership skills inside and outside of 4-H. TLA provides youth with opportunities to strengthen leadership skills and allow them to be an important part of their community's positive development. Teens in Daviess, Hancock, Henderson, Hopkins, McLean, Ohio, Union, and Webster Counties meet monthly from September to April and cover many topics to assist with leadership development and community awareness. Daviess County participating teens this year are Liam Dominguez, Katie Beth Osborne, and Jolene Raymer.

## HARVEST FESTIVAL

The Harvest Festival will be held at the Daviess County Lions Club Fairgrounds on October 19 and 20. 4-H will be selling soft drinks. We will need volunteers ages 9 and up. Please visit <https://www.signupgenius.com/go/10C084FA8AA2FA57-51607415-harvest> Thank you!!

# SHOOTING SPORTS

Congratulations to everyone who participated at the KY 4-H State Shooting Competition September 7 and 8. Results are as follows:

## BB Rifle:

- 2<sup>nd</sup> place team (9-11) – Silas Smoak, Alli Dewig, Russell Westerfield, Noah Elder
- 2<sup>nd</sup> place individual (12-14) – Grant Connor
- 3<sup>rd</sup> place individual (12-14) – Gavin Edgell
- 1<sup>st</sup> place team (12-14) – Grant Connor, Gavin Edgell, Taylor Dewig, Minor Abel

## Air Target Rifle:

- 1<sup>st</sup> place individual (9-11) – Mackenzie Rogers
- 3<sup>rd</sup> place individual (9-11) – Noah Elder
- 1<sup>st</sup> place team (9-11) – Mackenzie Rogers, Noah Elder, Silas Smoak, Alli Dewig
- 1<sup>st</sup> place individual (12-14) – Gavin Edgell
- 2<sup>nd</sup> place individual (12-14) – Grant Connor
- 1<sup>st</sup> place team (12-14) – Gavin Edgell, Grant Connor, Taylor Dewig, Minor Abel

## Air Sport Rifle:

- 2<sup>nd</sup> place individual (9-11) – Noah Elder
- 1<sup>st</sup> place individual (12-14) – Grant Connor
- 2<sup>nd</sup> place individual (12-14) – Taylor Dewig
- 3<sup>rd</sup> place individual (15-18) – Lillian Connor

## .22 Target Rifle

- 1<sup>st</sup> place individual (9-11) – Mackenzie Rogers
- 2<sup>nd</sup> place individual (9-11) – Alli Dewig
- 3<sup>rd</sup> place individual (9-11) – Silas Smoak
- 1<sup>st</sup> place team (9-11) – Mackenzie Rogers, Alli Dewig, Silas Smoak, Russell Westerfield
- 1<sup>st</sup> place individual (12-14) – Gavin Edgell



# SPEECH CONTEST

Get a jumpstart on your public speaking skills with the 4-H Speech Contest. Through the 4-H Speech Project, youth learn to write and prepare a speech on any topic they feel passionate about. Speech length is 3-5 minutes for ages 9-13 and 5-7 minutes for ages 14-18. For more information visit <https://daviess.ca.uky.edu/4h-communications>. Registration Deadline is October 15, 2024. Contest is tentatively scheduled for the afternoon of Thursday, November 21.

More information on Daviess County 4-H Clubs, including all meeting dates, can be found on our website at <https://daviess.ca.uky.edu/4h-clubs>. Also be sure to check out our social media pages!

 [instagram.com/daviessco4h](https://www.instagram.com/daviessco4h)

 [facebook.com/daviessco4H](https://www.facebook.com/daviessco4H)

# FALL BREAK PROGRAMS

2024-2025 4-H Enrollment Form MUST be on file for youth to participate. Forms are available at the Daviess County Extension Office and will be available to fill out day of the program. If you are interested, you must RSVP by October 2.

## Bubble Art & Neon Acrylic Painting

**Date:** Monday, October 7

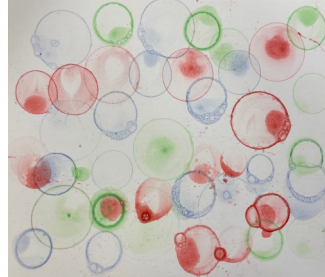
**Time:** 9:00-11:00 a.m.

**COST:** FREE

**Age:** 9-18 year olds

**Class Limit:** 10

Youth will create bubble art utilizing watercolor paint. They will also create two neon acrylic paintings.



## Cloverbud Hour Day 1

**Date:** Monday, October 7

**Time:** 3:00-4:00 p.m.

**COST:** FREE

**Age:** 5-8 years olds

**Class Limit:** 8

Cloverbuds will create bubble art utilizing watercolor paint. They will also create one neon acrylic painting.



## ISSUES CONFERENCE

If you are a high school student, have issues you are passionate about, and want to impact your community – then mark your calendar for November 14-16 for Kentucky 4-H Issues Conference at Dale Hollow State Park. This 3-day engaging experience is your chance to connect with other young leaders from across Kentucky, discuss issues important to you, and learn how to impact your community. Great communities require great leaders, so sign up for the Kentucky 4-H Issues Conference and make a difference. Applications are now available. Cost will be \$250.

## National 4-H Week



October 6-12, 2024



### Make it Monday:

Choose a recipe from [planeatmove.com](http://planeatmove.com) and make as a family.

### Try It Tuesday:

Pick a 4-H fair baking recipe and give it a try!

### Wear Green Wednesday:

Wear Your Green/4-H Gear

### Thankful Thursday:

Write a note thanking someone who has impacted you in 4-H.

### Fair Project Friday:

Show us your favorite 4-H fair project.

# CABBAGE ROLLS

Makes 6 servings. Serving size is 2 rolls.

## Ingredients:

- 12 cabbage leaves
- 1 pound lean ground beef
- 1 cup cooked brown rice
- 1 (15 ounce) can tomato sauce
- 1 teaspoon garlic salt
- 1/4 teaspoon pepper
- 1/2 teaspoon dried basil
- 1/2 teaspoon dried oregano
- 1/2 cup chopped onion
- 1/4 cup chopped green pepper
- 1 teaspoon sugar
- 1 tablespoon cornstarch
- 1 tablespoon water



## Directions:

1. Cover cabbage leaves with boiling water. Let stand until leaves are limp, about 4 minutes. Drain. When cool, trim away excess ridge on leaf for easier rolling.
2. Mix beef, rice, 1/2 cup tomato sauce, garlic salt, pepper, basil, oregano, onions and green pepper. Put 1/3 cup in each leaf, starting at leaf end; roll, tucking in the sides.
3. Place seam side down in a 9-by-11-inch baking dish.
4. Mix remaining tomato sauce with the sugar, pour over rolls.
5. Cover and bake at 350 degrees F for 1 hour.
6. Remove cabbage rolls from baking dish, pour juice in a saucepan.
7. Mix cornstarch and water; stir into saucepan. Heat and stir until mixture boils, cook 1 minute. Serve sauce with cabbage rolls.

**Source:** *Plate it Up! Kentucky Proud Project*

**Nutrition Facts:** 190 calories; 4g fat; 1.5g saturated fat; 40mg cholesterol; 550mg sodium; 24g carbohydrate; 6g fiber; 9g sugars; 18g protein.

A handwritten signature in black ink that reads "Stacey R. Potts".

Stacey R. Potts  
Daviess County Extension Agent  
for 4-H and Youth Development



A handwritten signature in black ink that reads "Sharayha Clingenpeel".

Sharayha Clingenpeel  
Daviess County Extension Agent  
for 4-H and Youth Development

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## Cooperative Extension Service

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

## Information for PY25 Achievement Program

The Achievement Program recognizes 4-H participants who have outstanding accomplishments in the Kentucky 4-H Program.

4-H members must submit the required application and documentation to their county 4-H agent by the county deadline. Table 1 includes the requirements for each Achievement Level.

Table 1. Requirements for each Level

Level	Requirements for that Level
<b>Clover Level 1</b>	<ul style="list-style-type: none"> <li>• Be 10 years old by January 1, 2025</li> <li>• Have a minimum of 25 points</li> </ul>
<b>Clover Level 2</b>	<ul style="list-style-type: none"> <li>• Be 11 years old by January 1, 2025</li> <li>• Have a minimum of 50 points</li> </ul>
<b>Clover Level 3</b>	<ul style="list-style-type: none"> <li>• Be 12 years old by January 1, 2025</li> <li>• Have a minimum of 75 points</li> </ul>
<b>Bronze</b>	<ul style="list-style-type: none"> <li>• Be 13 years old by January 1, 2025</li> <li>• Have a minimum of 100 points</li> <li>• Have completed Bronze Profile Page</li> </ul>
<b>Silver</b>	<ul style="list-style-type: none"> <li>• Be 14 years old by January 1, 2025</li> <li>• Have a minimum of 150 points</li> <li>• Have completed Silver Profile Page</li> </ul>
<b>Gold</b>	<ul style="list-style-type: none"> <li>• Be 15 years old by January 1, 2025</li> <li>• Have a minimum of 200 points</li> <li>• Have completed Gold Profile Page</li> </ul>
<b>Emerald</b>	<ul style="list-style-type: none"> <li>• Have previously achieved Gold Achievement Level</li> <li>• Be 16 years old by January 1, 2025</li> <li>• Have an updated application</li> <li>• Have a 3-5 minute video</li> <li>• Have two letters of recommendation</li> <li>• Have a cover letter and resume (these must be brought to the interview).</li> </ul>



# 2024—2025 4-H Enrollment Form

Note: Enrollment begins in September, similar to a school year. Previous years' forms will not be accepted for the current year.

This form must be completed by the participant and/or parent or guardian in order to participate in the 4-H program. All items must be completed – use N/A when applicable. Failure to complete this form in its entirety will result in the person being ineligible to participate in 4-H activities. Should this information change during the program year, it is the responsibility of the parent/guardian(s) to notify the Extension Personnel in writing. Please print in blue or black ink to allow for photocopying.

<b>Preferred Contact Method:</b> <input type="checkbox"/> U.S. Mail <input type="checkbox"/> E-Mail
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## Family Information

This is the primary information we will use to communicate with your 4-H member.

Family Name: \_\_\_\_\_ Family Phone: \_\_\_\_\_ Family Email: \_\_\_\_\_

Family Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_ County: \_\_\_\_\_

## Member Information

Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_  
Last First

Female  Male School Name: \_\_\_\_\_ Grade: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

Please specify Youth or Adult size

Residence:  Farm  Town <10,000 or Rural Non-Farm  Town/City/Suburb 10,000-50,000  
 City/Suburb >50,000  City-Central >50,000

Race (Check all that apply):  Asian  White  Black  American Indian  Hawaiian & Pacific Islander  
 Prefer Not To Say  Not Listed: \_\_\_\_\_

Ethnicity:  Hispanic  Non-Hispanic  Prefer Not To Say

## Parent/Guardian Information

### Parent/Guardian 1

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

### Parent/Guardian 2

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

## Emergency Contact Information

Please list anyone other than a parent/guardian that we may contact regarding your 4-H member.

### Emergency Contact 1

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

May we release personal information to this person?  Yes  No May this person pick up the above mentioned 4-H member?  Yes  No

### Emergency Contact 2

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

May we release personal information to this person?  Yes  No May this person pick up the above mentioned 4-H member?  Yes  No

## Military Service

Does the 4-H Member have family serving in the military?  Yes  No (if no, skip this section)

Relationship to 4-H Member: \_\_\_\_\_ Branch:  Active  Reserve  National Guard  Other: \_\_\_\_\_



## Health History

Does the participant have, or at any time has had, any of the following? Check "Yes" or "No" to each item. Please explain any "Yes" answers (noting the number of the item) in the space below or on an additional sheet if necessary. Reporting conditions will not prevent a person from attending and will be kept confidential.

### Allergies

- 1) Serious Allergy to Insects .....  Yes  No  
2) Serious Allergy to Dairy.....  Yes  No  
3) Serious Allergy to Gluten.....  Yes  No  
4) Serious Allergy to Nuts.....  Yes  No  
5) Other Allergy (please explain).....  Yes  No

Please explain any "Yes" responses, including medications taken for allergies:

### Conditions

- 1) Asthma .....  Yes  No  
2) Bronchitis.....  Yes  No  
3) Convulsions.....  Yes  No  
4) Diabetes.....  Yes  No  
5) Ear Infection....  Yes  No  
6) Fainting .....  Yes  No  
7) Headaches .....  Yes  No  
8) Heart Condition  Yes  No  
9) Hypoglycemia ..  Yes  No  
10) Other .....  Yes  No  
11) Wear Glasses ...  Yes  No  
12) Wear Contacts ..  Yes  No

Please explain any "Yes" responses, including medications taken for any conditions:

The following over the counter medications may be administered to my child without contacting me:

- Acetaminophen...  Yes  No  
Antacid .....  Yes  No  
Antihistamine Pill..  Yes  No  
Decongestant.....  Yes  No  
Dramamine .....  Yes  No  
Hydrocortisone .....  Yes  No  
Ibuprofen .....  Yes  No  
Polysporin .....  Yes  No

List and explain any restrictions (dietary, physical, etc):

Social, emotional, and/or behavioral health information:

## Review Confirmation Signature

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescriptions and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing, or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization.

SIGNATURE OF PARENT/GUARDIAN: \_\_\_\_\_

DATE: \_\_\_\_\_

## Survey & Evaluation Release

I hereby establish my willingness to participate as an adult (i.e., 4-H leader, other volunteer, parent/guardian, site manager, etc.) and give permission for my child (under 18 years of age) to complete surveys and evaluations that will be used to determine program effectiveness or to promote the program. I understand that participation in surveys and evaluations is voluntary and that my child and I may choose not to participate and may withdraw from surveys and evaluations without impact on my or my child's eligibility to participate in the 4-H program. I understand that my child or I may be asked for consent before completing a survey or an evaluation.

Yes  No I am willing to participate or give permission for my child to participate in any program evaluation.

(Initials)

## Permission To Participate

I acknowledge that my child is participating in 4-H programs for their own personal benefit and that my child will participate in recreational and other activities as part of 4-H programs. I understand that some activities may have inherent dangers and physical risks and that no amount of care, cautions, instruction, or expertise can completely eliminate them. I assume responsibility for all risks, known and unknown, involving my child's participation in 4-H programs and I voluntarily authorize my child's participation in reliance upon my own judgement and knowledge of my child's experience and capabilities. I hereby agree to indemnify and hold harmless the University of Kentucky Cooperative Extension Service and all related parties from any liability, losses, costs, damages, claims, or causes of action of any kind or nature arising from or related in any way to my child's participation in 4-H program.  (Initials)

## Publicity Release

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign and/or distribute still pictures, video and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications, or online content.

SIGNATURE OF PARENT/GUARDIAN: \_\_\_\_\_

NO, I DO NOT PERMIT



# 2024-2025 DAVIESS COUNTY 4-H ENROLLMENT FORM

This Enrollment Form must be completed in order to enter projects in the 4-H classes of the Daviess County Fair in July.

This form must also be completed to participate in clubs and/or projects and to attend 4-H Camp. Dates for club meetings and activities will be in the monthly 4-H Newsletter.

## 4-H CLUB INTEREST

Placing a check by a club only indicates your *interest* in the club. **To become a member of the club, you must attend a club meeting.**

Call the Extension Office at 270-685-8480 for more information.

Please check the clubs you are interested in joining.

- Cloverbud (ages 5-8)
- Cloverbud Cooking Club (ages 5-8)
- Crushers (Trap Shooting Sports)
- Feeder Calf Project
- Dairy Goat Club
- Highland Hornets
- Homeschool Club
- Horticulture Club
- Livestock Club
- Market Lamb Club
- Marksmen (BB, Air Rifle, and .22 Rifle)
- Poultry Club
- Rabbit Club
- St. Mary of the Woods Club
- Other club not listed above
- \_\_\_\_\_
- \_\_\_\_\_

## 4-H YOUTH DEVELOPMENT CODE OF CONDUCT (NOT FOR RESIDENTIAL CAMPS)

All 4-H members and family/friends associated with 4-H members must respect the individual rights, safety, and property of others and adhere to this Code of Conduct. A 4-H member may be prohibited from participating in a specific event/program if the participation by the individual poses a danger to the 4-H member and/or others. The following guidelines are designed to make all 4-H events safe, meaningful, and satisfying to youth and other attending.

### WHILE ATTENDING ALL 4-H MEETINGS, PROJECTS, PROGRAMS, ACTIVITIES, & EVENTS:

- Each 4-H participant is expected to attend all planned sessions, workshops, field trips, and meetings of the event, and to be in appropriate dress. Dress codes will be specific to individual events. Delegation chaperones and/or volunteers are responsible for ensuring that members participate in all aspects of the planned program activities.
- The possession and use of alcoholic beverages, tobacco products, and/or drugs (except for medications prescribed to the participant by a licensed physician) are strictly prohibited. Delegation chaperones and/or volunteers shall limit use of tobacco products to designated areas.
- Setting off fire alarms, tampering with fire extinguishing and other emergency equipment are strictly prohibited.
- Gambling of any type is strictly prohibited.
- Obscene, discriminatory, and/or inappropriate language, roughhousing, and insubordination are prohibited at all times.
- Respect toward others and facilities shall be demonstrated. Bullying, harassment of others, or destruction of property shall not be tolerated. Bullying and harassment can include the use of social media.
- Display of overly affectionate or inappropriate attention between participants is strictly prohibited.
- Technological equipment (including but not limited to cell phones, laptops, or mp3 players) shall not interfere with the program and may not be allowed in certain situations.
- Each County may adopt additional Code of Conduct guidelines

### WHILE ATTENDING OVERNIGHT CONFERENCES, CAMPS, & EVENTS, THE FOLLOWING WILL ALSO APPLY:

- All participants are to be in their assigned area at curfew and comply with quiet hours, lights out, and other rules of the event.
- No member or volunteer may leave the grounds without the permission of the conference director or adult in charge. An adult shall accompany a 4-H member any time he/she leave the grounds. Adults shall notify another adult in the delegation before leaving the grounds.
- At overnight events, only Conference participants may be in sleeping areas. Lounges or common areas may be used only for working committees and social activities.
- Room service such as phone calls, food, laundry, or others shall not be permitted without chaperone permission.

Any violations of this Code of Conduct shall be reported promptly to the adult in charge of the delegation/program and to the person in charge of the event. The person in charge of the event shall have the final responsibility for disciplinary action. **Failure to comply with the Code of Conduct by 4-H'ers and family/friends associated with the 4-H participant may result in penalty, including but not limited to, the following:**

- Sent home from the activity or event at his or her own expense
- Barred from participation from future 4-H events
- Assessed the cost of damages for destruction of property
- Released to nearest law enforcement authority
- Termination of 4-H membership

I, (print name) \_\_\_\_\_ have read the Code of Conduct and agree to abide by its rules. I understand that infraction of this Code of Conduct will result in any or all of the penalties listed above.

Child Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

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Lexington, KY 40506

