



## NEW PROGRAM YEAR

The 2024-2025 program year for 4-H has begun! Enrollment forms are now available at our office and online at <https://daviess.ca.uky.edu/4h-enrollment>. All Daviess County youth are welcome to join 4-H anytime! 4-H is for youth ages 9-18. 4-H Cloverbuds is for youth ages 5-8. Your 4-H age is the age that you are as of January 1, 2025. **Youth/adults must complete a new form every year.** Please look at the graphic below to know your 4-H age for 2024-2025. You must submit a new enrollment form to continue receiving this newsletter. **This will be the last one you receive until you submit this year's enrollment form.**

## UPCOMING EVENTS

- November 6: Cloverbud Cooking Club, 4 PM\*
  - November 7: Horticulture Club, 5:30 PM
  - November 13: Dairy Goat Club, 6 PM
  - November 13: Market Lamb Club, 6 PM
  - November 14: Rabbit Club, 6 PM
  - November 18: Cloverbud Club, 6 PM
  - November 20: THRIVE, 4:30 PM
  - November 21: Poultry Club, 6 PM
  - November 25: Homeschool Club, 5 PM
- \*Please RSVP to ensure enough supplies are available.

All meetings are held at the Daviess County Cooperative Extension Service Office unless otherwise noted.

## SPEECH CONTEST

The 4-H Speech Contest will be held Thursday, November 21 at the Daviess County Extension Office. Those who have registered will be sent additional information. If you have any questions, please contact Stacey at 270-685-8480.

## PIGGY BANK CONTEST

Once again it is time for the Annual Piggy Bank Design Contest! This contest is open to all programming areas and is designed to promote savings information. Eligible participants include all Kentucky students in grades K-12. Contest entries are due to the Daviess County Extension Office December 18, 2024. For more details, please see the attached flier.

## WRITTEN COMMUNICATIONS

If you like to write consider participating in the 4-H Written Communications Contest. Categories include: poetry, "What 4-H Means to Me" essay, song writing, original monologue, press release, public service announcement, and infographics (new category). County winners will advance to state. The county deadline is December 1. Details can be found on our website.

## CAMP

## SAVE THE DATE

Mark your calendars—2025 4-H Camp will be June 10-13! Keep your eyes on your newsletter and our website for additional information in the next few months.

# SWEET POTATO HASH

## Ingredients:

- 2 tablespoons olive oil
- 1 medium onion, diced
- 1 teaspoon salt
- 1 1/2 teaspoons dried oregano
- 3/4 teaspoon black pepper
- 4 cloves garlic, minced, or 1/2 teaspoon garlic powder
- 2 pounds sweet potatoes, peeled and diced (1-inch cubes)
- 2 pounds boneless, skinless chicken breasts, fat trimmed and diced (1-inch cubes)
- 4 ounces baby spinach (about 4 cups)
- 2 tablespoons apple cider vinegar



## Directions:

1. Wash hands with warm water and soap, scrubbing for at least 20 seconds.
2. Wash fresh produce under cool running water, using a vegetable brush to scrub veggies with a firm surface. Dry and cut to prepare for this recipe.
3. Heat olive oil in a large sauté pan or pot (3 quarts or larger) over medium heat.
4. Add onion, salt, oregano, black pepper, and garlic. Sauté until onion and garlic begin to lose color, about 5 minutes.
5. Add sweet potatoes and chicken and cook, uncovered. Stir occasionally to prevent sticking and assure all ingredients are well mixed. Wash hands after handling raw poultry.
6. Cook until chicken reaches 165 degrees F using a meat thermometer, about 15 minutes.
7. Add spinach and vinegar and mix until spinach is thoroughly wilted and mixed with other ingredients. Serve. Refrigerate leftovers within 2 hours.

**Source:** Ruth Ann Kirk, Lawrence County EFNEP Program Assistant Senior, UK Cooperative Extension Service

**Servings:** 8      **Serving Size:** 1/8 of the recipe

**Nutrition facts per serving:** 270 calories; 6g total fat; 1g saturated fat; 0g trans fat; 85mg cholesterol; 420mg sodium; 25g total carbohydrate; 4g dietary fiber; 6g total sugars; 0g added sugars; 28g protein; 0% Daily Value of vitamin D; 4% Daily Value of calcium; 10% Daily Value of iron; 15% Daily Value of potassium

More information on Daviess County 4-H Clubs, including all meeting dates, can be found on our website at <https://daviess.ca.uky.edu/4h-clubs>. Also be sure to check out our social media pages!

 [instagram.com/daviessco4h](https://www.instagram.com/daviessco4h)

 [facebook.com/daviessco4H](https://www.facebook.com/daviessco4H)

*Stacey R. Potts*

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Daviess County Extension Agent  
for 4-H and Youth Development



*Sharayha Clingenpeel*

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## Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

## MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

KENTUCKY SAVES  
**2025**  
**PIGGY BANK**  
**DESIGN CONTEST**  
MONEY SAVED IS A FUTURE EARNED



**WHAT:** The 2025 Piggy Bank Design Contest is a creative way for youth to learn the importance of saving money and reducing debt.

**WHY:** To creatively celebrate Kentucky Saves Week.

**WHO:** School students attending public, private, or home school located within the Commonwealth of Kentucky enrolled in kindergarten through twelfth grade.

**WHEN:** The contest begins on:  
and ends on:

**HOW:** Participants submit an original piggy bank and entry form.

**RECOGNITION:** Winners will have their names, grades, counties, and winning piggy banks displayed in the Capitol Rotunda in Frankfort, Kentucky during March and April 2025. Winners also will receive a certificate.

**Kentucky Saves Week:**  
April 7-11, 2025

**Kentucky Saves:**  
[www.kentuckysaves.org](http://www.kentuckysaves.org)

**MoneyWi\$e:**  
[fcs-hes.ca.uky.edu/moneywise](http://fcs-hes.ca.uky.edu/moneywise)

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MONEY SAVED IS A FUTURE EARNED



**MONEYWISE**  
VALUING PEOPLE. VALUING MONEY.

**UK** Cooperative  
Extension Service



# 2025 Piggy Bank Design Contest Official Rules

**ADMINISTRATOR:** University of Kentucky, Family and Consumer Sciences Extension, c/o Kelly May, 112 Erikson Hall, Lexington, KY 40506. Email: k.may@uky.edu

**CONTEST DESCRIPTION:** Kentucky youth are asked to celebrate Kentucky Saves Week by using their creativity to make a piggy bank.

**ELIGIBILITY:** Contest is open only to school students attending public, private, or home school located within the Commonwealth of Kentucky enrolled in kindergarten through twelfth grade.

**HOW TO ENTER:** To enter the Contest, eligible youth ("Entrants") must:

1. Create an original piggy bank design as described under Contest Timing and Entry Requirements.
2. Submit Entry and Official Entry Form to Your Local County Cooperative Extension Office. Your County Extension Office Contact Information may be obtained at <http://extension.ca.uky.edu/county>. Entries must be delivered to the Cooperative Extension Office by:
3. Winning Entries at the area level must be selected by February 7, 2025.

## CONTEST TIMING:

Submit Entry by deadline. Must be submitted by:  
to your local county extension office. Each Entry must be accompanied by an official Entry Form.

One (1) Entry per person during the Contest period. In the event more than one (1) Entry is received from any one person, the first Entry processed will be considered the only valid Entry and subsequent Entries from the same person will be disqualified.

**ENTRY REQUIREMENTS:** Entries must meet the following requirements to be eligible for judging:

- a. The bank cannot exceed 12 inches X 12 inches X 12 inches (1 square foot).
- b. Piggy banks must be able to hold coins (i.e., include a slot that has been cut to insert coins).
- c. Piggy banks must be created or decorated by the youth contestant.
- d. Plastic or ceramic banks piggy banks may be used, but must be personally decorated.

- e. Piggy banks DO NOT have to be in the shape of a pig.
- f. You MAY use or repurpose other containers.
- g. Piggy banks must be submitted and judged through the local Cooperative Extension Office.  
In addition, an Entry shall be void if it contains any material that sponsors or judges in their sole discretion deem patently offensive or inappropriate, such as, but not limited to, profanity. By submitting an Entry, the parent/legal guardian of the Entrant represents and warrants that the entire Entry is the original work of the Entrant, not previously submitted or distributed elsewhere for any other purpose. The parent/legal guardian of the Entrant further warrants that he/she has obtained the consent of any persons/parties portrayed in the Entry. Sponsors shall have the right to use/showcase the Entry in any manner, in any and all media, worldwide in perpetuity without further compensation or consent. Upon request of Sponsors, the parent/legal guardian of Entrant will provide a copy of any written consent as required above.

## JUDGING CRITERIA/WINNER SELECTION

**AND VERIFICATION:** Entries will be judged within Extension Areas by a panel of judges coordinated by the Area piggy bank delegate. Each panel of judges will select one (1) winning Entry for a possible total of 12 winners statewide — 4 per Extension Region. The judges will review all Entries and select the winners based on the following criteria: originality, creativity, artistic design, and attractiveness. Judging of Entries and the determination of the winners will be completed by:

The winner's name, grade, county, and winning Entry may be displayed at the State Capitol in Frankfort.

Any Entry, or portion of any Entry, which in the sole discretion of the judges (a) defames or infringes the right of privacy or publicity or other proprietary right of any person, living or deceased, or entity; and/or (b) is offensive, profane, obscene or not in keeping with the image of the Sponsors will be disqualified.



## 2025 Piggy Bank Design Contest Entry Form

**Directions:** Please complete entry form and submit with piggy bank entry. See Official Contest Rules for complete entry instructions.

**Participant's Name:** \_\_\_\_\_

**County:** \_\_\_\_\_ **Gender:** \_\_\_\_\_

**Grade:** \_\_\_\_\_ **School:** \_\_\_\_\_

**Piggy Bank Name/Description:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Print Parent/Legal Guardian Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Home Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **County:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Parent Phone:** \_\_\_\_\_

### To be filled out by the Extension Agent accepting the entry:

County: \_\_\_\_\_ Extension Area: \_\_\_\_\_

Agent Name: \_\_\_\_\_ Circle One: FCS 4-H Other