



## AG TAG

It only takes **\$10** to make a difference in supporting Kentucky 4-H, Kentucky FFA, and Kentucky Proud. Be sure to ask about the **Kentucky Ag Tag Program** when you renew your license plate and how to make your \$10 donation in support of the youth in your community.

The Ag Tag Program is supported by the *Kentucky Commissioner of Agriculture, Jonathan Shell*. The money raised by the program is evenly split between Kentucky 4-H, Kentucky FFA, and Kentucky Proud, which promotes agricultural products raised, grown, or processed in Kentucky by Kentuckians. ***We thank our farmers for their continued support!***

## DATES TO REMEMBER

March 5: 6:00 p.m. — Shooting Sports Information Session

March 6: 6:00 p.m. — Rabbit and Dairy Goat Club

March 7: 5:00 p.m. — Cloverbud Club

6:00 p.m. — Horticulture Club

March 11: 4:30 p.m. — Mock Interview Contest

March 14: 6:00 p.m. — Poultry Club

6:30 p.m. — Market Lamb Club

March 18: 6:30 p.m. — Horse Club

March 25: 5:00 p.m. — Homeschool Club

March 26: 4:00 p.m.—Cooking Club\*

March 27: 3:30 p.m.—Cloverbud Cooking Club\*

\*Please RSVP to ensure enough supplies are available

## MOCK INTERVIEW CONTEST

This contest teaches senior 4-H'ers real-life skills to succeed in job interviews. There are two age divisions (age as of January 1, 2024): 14-15 and 16-18. Participants choose to interview for one of four job positions: vet technician, coffee bar attendant, photographer, or retail sales associate. Prior to the interview, youth will need to develop a resume with their real-life education and experience to bring to the interview. Mock interviews will be held on Monday, March 11 at 4:30 p.m. at the Daviess County Extension Office. Each participant will be given a 15-minute interview with local community members. Deadline to sign up is **Monday, March 4th**. Please call the Extension Office or email [sharayha.clingenpeel@uky.edu](mailto:sharayha.clingenpeel@uky.edu) to sign up. Once the deadline passes, a link will be sent to those signed up with available time slots. A winner will be selected from each age category to represent Daviess County 4-H at the W5/W6 Area 4-H Mock Interview Contest in Grayson County on May 7th. More information can be found at <https://daviess.ca.uky.edu/mock-job-interview>.



## SHOOTING SPORTS INFORMATION SESSION

**March 5 | 6:00pm**

Daviess County Cooperative  
Extension Office

4800A New Hartford Road | 270-685-8480



## FIESTA SNACK MIX

### Ingredients:

- 1 cup cornflake cereal with freeze-dried berries
- 1 cup chex-type bran cereal
- 1 cup O-type cereal
- 1/4 cup raisins
- 1/4 cup peanuts or shelled sunflower seeds
- 1/4 cup shredded coconut
- Milk (optional)



### Directions:

1. Mix cereals together in a large bowl.
2. Add raisins, peanuts, and coconut. Mix well.
3. Eat dry or with milk.

Servings: 8

Serving Size: 1/2 cup

**Source:** LEAP...for Health: United States Department of Agriculture, Food Stamp Nutrition Connection, Recipe Finder.

**Nutrition Facts Per Serving:** 110 calories; 3.5g fat; 1.5g saturated fat; 0g trans fat; 0mg cholesterol; 95mg sodium; 18g carbohydrate; 1g fiber; 7g sugar; 0g added sugars; 3g protein; 0% Daily Value (DV) of vitamin D; 2% DV of calcium; 30% DV of iron; 2% DV of potassium.

## OPEN HOUSE

Save the date for an Open House at the Daviess County Cooperative Extension Office on Tuesday, May 21. Look for more details to come in future newsletters!

More information on Daviess County 4-H Clubs, including all meeting dates, can be found on our website at <https://daviess.ca.uky.edu/4h-clubs>. Also be sure to check out our social media pages!

 [instagram.com/daviessco4h](https://www.instagram.com/daviessco4h)

 [facebook.com/daviessco4H](https://www.facebook.com/daviessco4H)

## KFB INSTITUTE

Kentucky Farm Bureau has invested in our state's youth for thirty-eight years through the Institute for Future Agricultural Leaders (IFAL) Program. IFAL is a unique five-day summer leadership conference that exposes students to college life and explores different fields of study for careers in agriculture. IFAL allows high school juniors to choose between separate conferences at two of Kentucky's premier universities. This year's IFAL conferences will take place June 9-13, 2024, at Murray State University and June 23-27, 2023, at the University of Kentucky.

The IFAL program helps students become familiar with Farm Bureau, promote agricultural-related career choices, provide leadership development opportunities, and promote each participating university. Additional information about the program is online at [kyfb.com/IFAL](http://kyfb.com/IFAL).

In most instances, the County Farm Bureau pays the \$400 registration fee. Applications can be found at the following link:

<https://kyfb.jotform.com/221165684415052> They are due to the applicant's County Farm Bureau office by March 27.

## NRES CI ACADEMY

Do you like being outdoors and learning about the environment? The 4-H Natural Resources and Environmental Sciences (NRES CI) Academy is accepting applications for program year 2024-2025. Applicants must be entering the 6th grade in Fall 2024. The NRES CI Academy is a three-year program designed to teach youth about their natural environment. In the program, members participate in hands-on investigations at different locations across the state to learn about Kentucky's water, forest, entomology, and wildlife resources. Only 25 youth will be selected. For more information including a Youtube video and registration, please visit our website. If you have additional questions, please contact Stacey at the Extension office. Applications are due to the Daviess County Extension office by April 10.



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service

# DAVIESS COUNTY 4-H CAMP 2024

## JUNE 11-14

### WEST KY 4-H CAMP IN DAWSON SPRINGS, KY

Youth spots are filled on a first come, first serve basis.

Cost

Ages 9-15: \$200

Teen Leader Fee\*: \$150

\*ages 16-17 (spots have leadership responsibilities, with very limited number of spots available)

Ask about incentives for Adult Leaders!

For more information: [daviess.ca.uky.edu/4hcamp](http://daviess.ca.uky.edu/4hcamp)  
or call the Extension Office at 270-685-8480



### Cooperative Extension Service

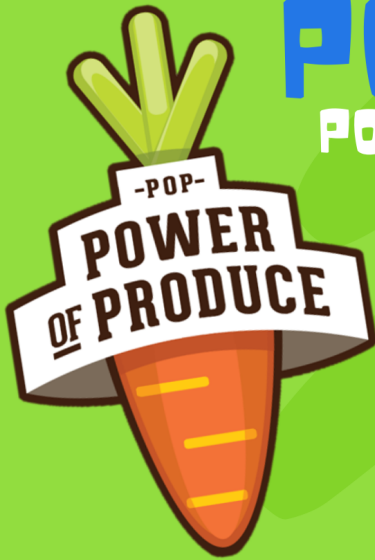
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities accommodated with prior notification.



# POP CLUB

## POWER OF PRODUCE

### WITH THE ORFM KIDS' CLUB

- Participate **once** a week (Tuesday, Thursday, or Saturday) and receive \$5 in market bucks to use on fresh fruits and vegetables.
- Each week offers a different activity and food sample related to in-season produce
- Open to kids and adults
- Register ahead of time by scanning the QR code below or sign up at the Market

#### Program Dates:

- Week 1: June 4, 6, 8
- Week 2: June 11, 13, 15
- Week 3: June 18, 20, 22
- Week 4: June 25, 27, 29
- Week 5: July 2, 4, 6
- Week 6: July 9, 11, 13
- Week 7: July 16, 18, 20
- Week 8: July 23, 25, 27



KIDS' CLUB



ADULT



Owensboro Regional  
Farmers' Market  
1205 Triplett St.  
Owensboro, KY 42303



Martin-Gatton  
College of Agriculture,  
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Cooperative Extension Service  
Daviess County

Follow us on Facebook & Instagram!

Facebook: @OwensboroRegionalFarmersMarket  
Instagram: @ORFarmersMarket



*Stacey R. Potts*

Stacey R. Potts  
Daviess County Extension Agent  
for 4-H and Youth Development



*Sharayha Clingenpeel*

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Daviess County Extension Agent  
for 4-H and Youth Development

4800A New Hartford Rd | Owensboro, KY 42303-1800 | P: 270-685-8480 | [daviess.ca.uky.edu](http://daviess.ca.uky.edu)

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