



Cooperative Extension Service  
Davies County  
4800A New Hartford Road  
Owensboro KY 42303  
270-685-8480  
daviess.ca.uky.edu

## 4-H LIVESTOCK CLUBS' TASTING NIGHT

The Daviess County 4-H Livestock Clubs hosted their first ever "Tasting Night" for members to sample meats they may not have had the opportunity to try before. Over 30 people attended and participated in a blind sampling of: *Beef, Chicken, Deer, Goat, Mutton, Rabbit, Wagyu Beef, and Wild Hog*. Everyone was also able to sample goat cheese. Special thanks to our chefs: *Trish Canary, Lindsey Dewig, Easton Fuqua, and Agnes Mayberry*. *Samantha Kuegel* was unable to attend but provided some meat for the event.



## FARMERS' MARKET

June is *National Dairy Month*. Stop by the Owensboro Regional Farmers' Market on *June 3* to hear *Tales of the Dairy Godmother: Chuck's Ice Cream Wish* and make ice cream in a bag with us!

## DAVIESS COUNTY 4-H CAMP 2023

JULY 4-7

West KY 4-H Camp in Dawson Springs, KY

Spots are filled on a first come, first serve basis.

Cost  
Ages 9-15: \$200  
Teen Leader Fee\*: \$100  
\*This is for ages 16-17 and is a leadership opportunity. Spots are limited.



Ask about incentives for Adult Leaders!

For more information: [daviess.ca.uky.edu/4hcamp](http://daviess.ca.uky.edu/4hcamp) or call the Extension Office at 270-685-8480



## MANDATORY 4-H CAMP MEETINGS

4-H Camp *Adult/Teen Leader Training* will be held on *June 6* at *6:00 p.m.* All leaders must attend training. If you can not make this date/time, please contact Stacey or Sharayha at 270-685-8480.

4-H *Camper Orientation* will be held on *June 20* at *1:00 p.m.* and *5:30 p.m.* All campers must attend **ONE** of the sessions!



# 4-H COUNCIL SCHOLARSHIP WINNERS

The Daviess County 4-H Council is proud to announce the *Class of 2022 Daviess County 4-H Council Scholarship winners*. The 4-H Council awards one or more college scholarships each year, with the maximum award per person set at \$1000. Selection of scholarship recipients and amounts received are determined by a volunteer committee.

All three of this year's 4-H Scholarship Winners have many 4-H experiences in common. They are all seasoned 4-H Campers who combined have 25 years of 4-H Camp experience. From cloverbud age to regular 4-H Camp, as teen leaders and even as adult leaders. All three were also active on the 4-H Teen Board, entered dozens of fair projects, attended 4-H Teen Conference, and have volunteered at the Apple Festival, for the Tractor Supply Paper Clover Campaign, and at the county fair.

This year's recipients are:

**Evan Fuqua** – Evan has shown hogs and cattle since he was 9 years old. He won the year end award for the 4-H/FFA Feeder Calf Project a record three times. Evan is also a member of the 4-H Crushers Trap Team and shot his personal best at last year's State 4-H Shoot. Evan will attend Parkland College in Illinois next year.



**Isaac Heisdorffer** – Public speaking has been one of Isaac's main projects. He has given demonstrations and speeches at the state level. In 2022 he was named State Champion for his essay in the State Communications Contest. This year Isaac participated in the Teen Leadership Academy and received his 4-H Gold Achievement Award. Isaac plans to major in Ag Economics.

**Juliann Heisdorffer** – Juliann has participated in the Written Communications Contest and the Mock Interview Contest at the state level. She enjoyed using her artistic skills to create decorated cupcakes and photography projects for the county and state fairs. Juliann participated in the 4-H Teen Leadership Academy this year and received her 4-H Gold Achievement Award. Juliann would like to work in law enforcement.

## 4-H MARKSMEN

Three members of the Daviess County 4-H Marksmen, *Lillian Connor, Gavin Edgell, and Parker Gooch*, participated in a shooting competition at Apollo High School on April 15. Congratulations to Lillian Connor for winning Top Shot!



## 4-H CRUSHERS

Crushers (Trap Shooting) will have practice on the **2nd Thursday** and **4th Wednesday** each month at **5:30 p.m.** at the **Daviess County Fish and Game** located at 1370 S Chestnut Grove Road in Lewisport. The practices this month will be May 11 and May 24.

## DAVIESS COUNTY FAIR

The Daviess County Lions Club Fair will be held **July 19-22**. 4-H Fair Entry Books are available at the Extension Office. Stop by to pick one up or call us to have one mailed to you. 4-H Entries will be accepted on **Tuesday, July 18** from **4:00-7:00 p.m.** Late entries will not be accepted. Please note, this book only contains information for 4-H Divisions.

# W5/W6 Area 4-H Teens May Networking Event

Must sign up by *May 10!*

**MAY 16**  
**10:00-12:00 CT**  
**11:00-1:00 ET**

ICE SKATING AT EDGE ICE CENTER  
IN OWENSBORO  
**COST: \$10**

(bring money for lunch at the concession stand)

**FAIR PROJECT:  
SEE IT, DO IT, TEACH IT**

Swing by the Daviess  
County Extension  
Office afterwards to  
learn how to make  
these fair projects.



# TAKE A KID FISHING DAY

SATURDAY, JUNE 3RD 2023

OPEN TO ALL  
AGES!



**THERE WILL BE A  
GRAND PRIZE FOR  
WHOEVER CATCHES  
THE TAGGED FISH!**

FREE EVENT!

LIMITED BAIT  
PROVIDED.

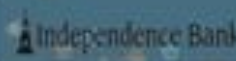
REGISTRATION AT 8:00AM  
FISHING AT 9:00AM  
DOOR PRIZES/FREE LUNCH  
11:00AM

FEATHER LANDING SHELTER-  
PANTHER CREEK PARK  
5160 WAYNE BRIDGE ROAD

PLEASE BRING YOUR OWN POLES,  
LIMITED QUANTITY WILL BE AVAILABLE.

LUNCH WILL BE PROVIDED

TO PRE-REGISTER CALL  
(270) 685-1707 EXT 3



USDA is a equal opportunity provider, employer, and lender.

# KENTUCKY

## 4-H TEEN CONFERENCE

JUNE 13-16  
2023  
UNIVERSITY  
OF  
KENTUCKY



EDUCATIONAL  
MAJORS  
&  
LEADERSHIP  
MINORS

PRICE: \$200

REGISTRATION  
DEADLINE: MAY 12, 2023

CONTACT THE  
DAVIESS COUNTY EXTENSION OFFICE  
FOR MORE INFORMATION:  
270-685-8480

- CLOVERFEST
- DANCE
- FASHION REVUE
- PERFORMING ARTS SHOWCASE

COMMUNITY  
SERVICE

Registration packets are available at  
the Extension Office.

## NEVER MISS AN UPDATE!

Be sure to follow us on social media to stay  
up-to-date with all things 4-H!



facebook.com/daviessco4H



instagram.com/daviessco4h

## IMPORTANT DATES

- May 4** 4-H Spring Fling, 6:00 p.m.
- May 5** Feeder Calf Project booster shots & weigh-in, Kentuckiana Livestock Market, 5:30 p.m.
- May 8** 4-H Council, 5:30 p.m.  
4-H Rabbit Club, Fairgrounds West Exhibit Building, 6:00 p.m.
- May 10** Cloverbuds Club, 6:00 p.m.
- May 11** Market Lamb Club, 6:00 p.m.  
4-H Dairy Goat Club, Fairgrounds Cattle Barn Shelter, 6:00 p.m.
- May 15** Young Riders 4-H Horse Club, 6:30 p.m.
- May 18** 4-H Poultry Club, 5:30 p.m.
- May 22** 4-H Homeschool Club, 5:00 p.m.  
4-H Dairy Goat Club, Fairgrounds Cattle Barn Shelter, 6:00 p.m.
- May 24** 4-H Rabbit Club, Fairgrounds Curtsinger Building, 6:00 p.m.
- May 25** Forestry Project Day, 8:00-10:00 a.m.  
Feeder Calf weigh in, Kentuckiana Livestock Market, 5:30 p.m.
- May 29** Labor Day, Extension Office Closed

All meetings / events are held at the Daviess County Cooperative Extension Office unless otherwise stated.

ALL Daviess County youth ages 9-18 are welcome to join 4-H anytime! If you see a club or event you are interested in, just show up unless it is stated to sign-up ahead of time. More information and the enrollment form can be found on our website at <https://daviess.ca.uky.edu/4-H> or call us anytime at 270-685-8480!



Stacey R. Potts  
Daviess County Extension Agent  
for 4-H Youth Development Education



## ASPARAGUS HAM QUICHE

### Ingredients

- 1 pound fresh asparagus, trimmed and cut into ½ inch pieces
- 1 cup finely chopped ham
- 1 small finely chopped onion
- 2 (8-inch) unbaked pie shells
- 1 egg white, slightly beaten
- 2 cups shredded reduced fat cheddar cheese
- 4 large eggs
- 1 container (5.3 ounces) plain Greek yogurt
- ⅓ cup 1% milk
- ¼ teaspoon ground nutmeg
- ¼ teaspoon salt
- ¼ teaspoon pepper

### Directions

1. Preheat oven to 400°F.
2. Place asparagus in a steamer over 1 inch of boiling water and cover. Cook until tender but still firm, about 4-6 minutes. Drain and cool.
3. Place ham and onion in a nonstick skillet and cook over medium heat until lightly browned.
4. Brush pie shells with beaten egg white.
5. Spoon the ham, onion, and asparagus into pie shells, dividing evenly between the 2 shells.
6. Sprinkle 1 cup shredded cheese over the mixture in each shell.
7. In a separate bowl, beat together eggs, yogurt, milk, nutmeg, salt, and pepper. Pour egg mixture over the top of the cheese, dividing evenly between the 2 shells.
8. Bake uncovered in a preheated oven until firm 25-30 minutes. Allow to cool approximately 20 minutes before cutting.

**Servings:** 16 **Serving Size:** 1 slice

### Nutrition Facts per Serving

200 calories; 11g fat; 4.5g saturated fat; 65mg cholesterol; 370mg sodium; 14g carbohydrate; 1g fiber; 3g sugar; 10g protein

**Source:** <https://www.planeatmove.com>



Sharayha Clingenpeel  
Daviess County Extension Agent  
for 4-H Youth Development Education



# Summer Project Days



Please note, if there is a class fee, you must pay it to be fully registered. We will not hold spots without payment. Refunds are not guaranteed. We have Scholarships available. If you are interested in applying for one, please call us at 270-685-8480.

## FORESTRY

**Dates:** May 25 AND June 29

**Time:** 8:00 – 10:00 a.m.

**COST:** \$5.00

**Age:** 9 and up as of January 1, 2023

**Class Limit:** 10

Youth will learn skills and work towards creating a leaf collection for the fair. This includes: collecting/ identifying leaves using a dichotomous key, pressing & mounting leaves, and proper labeling. Students will need to collect and press leaves between sessions. Students will also learn how to make a leaf print.



## ENTOMOLOGY

**Dates:** June 7 AND June 28

**Time:** 9:00 – 10:30 a.m.

**COST:** \$10.00

**Age:** 9 and up as of January 1, 2023

**Class Limit:** 10

Youth will learn to catch, process, pin, identify, and label insects for a 1st year entomology project to be entered in the fair. The fee includes: 2 cardboard collection boxes, pins, and labels.



## STEM - TECH DAY

**Dates:** June 9

**Time:** 9:30 a.m. – 2:30 p.m.

**COST:** \$5.00 (lunch provided)

**Age:** 9 and up as of January 1, 2023

**Class Limit:** 22

Join Torey Earle, UK 4-H Extension Specialist for STEM, for a fun day of learning about the technology part of STEM.



## SEWING

**Dates:** June 13

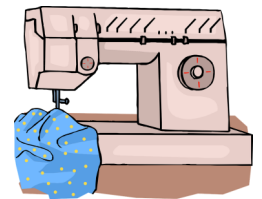
**Time:** 9:00 a.m. – 2:00 p.m.

**COST:** \$5.00 (lunch provided)

**Age:** 9 and up as of January 1, 2023

**Class Limit:** 6

Participants will make a pillowcase and a tote bag. Both of which can be entered in the fair. The supply list will be sent out later.



## ART DAY

**Dates:** June 21

**Time:** 9:00 – 11:00 a.m.

**COST:** \$3.00

**Ages:** 9 and up as of January 1, 2023

**Class Limit:** 12

Youth will make a circular shape drawing and a mixed media canvas. Both can be entered into the fair.



## CLOVERBUD COOKING

**Dates:** June 20 OR July 11

**Time:** 9:00 – 11:00 a.m.

**Ages:** 5–8 as of January 1, 2023

**Class Limit:** 10

Youth will learn kitchen skills and make something yummy! This project day is offered twice. Youth can attend one or both; each session will make something different. **\*\*Parent/ guardian or teen preferred to accompany youth.**



**MORE ON BACK**





# Summer Project Days



## APPLE PIE CLASS

**Dates:** June 21

**Time:** 1:00 – 4:00 p.m.

**COST:** \$3.00

**Age:** 9 and up as of January 1, 2023

**Class Limit:** 6

Make the Kentucky 4-H Fair apple pie recipe and take home a whole pie!



## ART PROJECT

**Dates:** July 11

**Time:** 1:00 – 3:00 p.m.

**Age:** 9 and up as of January 1, 2023

**Class Limit:** 12

Participants will create a watercolor painting and a color wheel design. Both can be entered into the fair.



## PHOTOGRAPHY

**Dates:** July 12

**Time:** 9:00 – 11:00 p.m.

**Age:** 9 and up as of January 1, 2023

**Class Limit:** 12

Participants will learn about photography fair categories and practice taking photos. Youth will need to bring a tablet, phone, or camera to take pictures with.



## FAIR VEGETABLES

**Dates:** July 12

**Time:** 1:00 – 3:00 p.m.

**Age:** 9 and up as of January 1, 2023

**Class Limit:** 15

Participants will learn how to exhibit vegetables for the fair and how they are judged.



## CANNING WORKSHOP

**Dates:** July 13

**Time:** 1:00 – 4:00 p.m.

**COST:** \$5.00

**Age:** 9 and up as of January 1, 2023

**Class Limit:** 8

Participants will learn how can using the boil water bath method and make salsa.



## BAKE & TAKE

**Dates:** July 14

**Time:** 9:00 – 11:30 a.m. OR  
1:00 – 3:30 p.m.

**COST:** \$5.00

**Age:** 9 and up as of January 1, 2023

**Class Limit:** 8

Participants will bake 2 items using recipes from the Kentucky 4-H Fair catalog. This class is offered twice; each will be making the same recipes.



Please note, if there is a class fee, you must pay it to be fully registered. We will not hold spots without payment. Refunds are not guaranteed. We have Scholarships available. If you are interested in applying for one, please call us at 270-685-8480.



# super star chef

## 3-DAY COOKING CAMP

SHINE IN THE KITCHEN WITH YOUR NEW COOKING SKILLS!

Have you dreamed of having your own restaurant or cooking show? Maybe you just want to learn how to make a tasty afterschool snack for friends. Join us for the Super Star Chef cooking camp for participants ages 9 to 12. No previous cooking experience required for this free program, where you will receive cooking tools and learn how to:



- Master a variety of cooking techniques, like chopping, dicing, blending, folding and whipping.
- Make homemade meals like fiesta dip, fruit and yogurt parfaits, pizza, carrot muffins and more!
- Discover foods that fuel your body and energize you.
- Learn how to read a nutrition facts label and what it takes to be “food safe”!



This institution is an equal opportunity provider. This material was funded by USDA's Supplemental Nutrition Assistance Program — SNAP.





College of Agriculture,  
Food and Environment  
Cooperative Extension Service

# WEST KY CLOVERBUD CAMP

*June 30 - July 2, 2023*

DAWSON SPRINGS, KY

**\$135 CLOVERBUD (5-8 YRS OLD)**

**\$125 ADULTS/TEENS (16 & OLDER)**

## CLASSES:

COOKING  
CANOEING  
CRAFTS  
FISHING

LOW ROPES  
NATURE  
RECREATION  
SWIMMING

**REGISTRATION DUE TO YOUR COUNTY  
EXTENSION OFFICE BY WEDNESDAY, MAY 17**

**ADULT(S) MUST HAVE A BACKGROUND CHECK WITH COUNTY  
EXTENSION OFFICE**

**Cooperative Extension Service**  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities  
accommodated  
with prior notification.